

# PENTABUS



## How to Write a “Whistle Stop Narrative” for a Book

with Izzy Rabey

Join Izzy as she introduces you to **THE BRIDGING ACTIVITY** so that you can impress your school friends and family on how quickly and effectively you can whizz through what happens in the book of your choice! You will need a large sheet of paper (preferably A3) and coloured pens.

This workshop will cover:

- What is a Whistle Stop Narrative?
- Why we need to make a Whistle Stop Narrative
- How to make a Whistle Stop Narrative – focusing on the beginning, middle and end of a story.

*Izzy is a theatre director, applied theatre practitioner and music maker from Mid Wales. She is currently Trainee Director at The Royal Court. Izzy is passionate about new writing, and has this year began exploring musical theatre projects with National Theatre Wales, alongside working on contemporary dance project Q-Fforia (Scottish National Dance Company's Dance Base, Theatr Clwyd) and directed one of the pieces for the English Touring Theatre's Nationwide Voices project in June 2021. Izzy has two companies: in Theatr Run Amok Theatre Company (a contemporary theatre company) and Dan Yr Haul/Under the Sun (a festival going applied theatre company). Her applied theatre practitioner works spans working in pupil referral units, autism units and adolescent psychiatric units across South Wales. She is an associate creative practitioner with Hayaat Women's Trust, a grassroots Somali organisation in Cardiff.*